



1812 Lacrosse League Rules (K-1 Level)

- Games are two 11-minute halves running time, with a 3-minute halftime and a 5-minute break between games.
- Each team will have one coach on the field per game and no officials. The coaches can call penalties and restarts.
- One attempted pass is required in the offensive zone.
- No long sticks allowed
- There is no penalty time, but the player needs to come off the field. The player fouled starts with the ball at the location where the foul was committed.
- Format: 5 v 5 plus goalie
- No offsides
- No body checking.
- Boys and girls are eligible to participate.
- Only poke checks and lifts are allowed. **All other types of stick checking are penalties.**
- One timeout per game. The clock does not stop for a timeout.
 - Timeout cannot be used during the last two minutes of the game.
- New kids can be added during the season but **must** play for the school they are currently attending. This goes for **all** players.
- Any fighting, flagrant or foul language towards anyone are grounds for an automatic ejection.
- If a coach/player/parent is ejected from a game for any reason,

- they will have to sit out/not attend the next two games as well.
- If a player throws a punch, they will be barred from the league for the rest of the season. **This will be determined by the official and their determination is final!**

1812 Lacrosse League Rules (1-2 Level)

- Games are 25-minute running time, 5-minute break between games.
- Each team will have one coach on the field per game as well as one league official. The on-field coach and officials are eligible to call penalties.
- One attempted pass is required in the offensive zone
- No long sticks allowed
- There is no penalty time, but the player needs to come off the field. The opposing team starts with a fast break.
- Format: 8 v 8 (2-3-2 plus goalie)
- No body checking.
- Boys and girls are eligible to participate.
- Only poke checks and lifts are allowed. **All other types of stick checking are penalties.**
- One timeout per game. The clock does not stop for a timeout.
 - Timeout cannot be used during the last two minutes of the game.
- New kids can be added during the season but **must** play for the school they are currently attending. This goes for **all** players.
- Any fighting, flagrant or foul language towards anyone are grounds for an automatic ejection.
- If a coach/player/parent is ejected from a game for any reason, they will have to sit out/not attend the next two games as well.
- If a player throws a punch, they will be barred from the league for the rest of the season. **This will be determined by the**

official and their determination is final!

1812 Lacrosse League Rules **(3/4 Levels)**

- Games are 25-minute running time, 5-minute break between games.
- Officiating will be by certified officials when available.
- There is no required pass rule.
- If a team obtains a 6-goal advantage or more, the one attempted pass rule will be applied.
- A max of two long poles on the field at a time. The cross can be anywhere between 47"-54".
 - No full size long poles allowed
 - These are US Lacrosse recommendations
- Each team is responsible to supply a parent to keep score and complete the score sheet.
- Officials will keep game clock
- One timeout per game. The clock does not stop for a timeout.
 - Timeout cannot be used during the last two minutes of the game.
- Play starts as a fast break for the opposing team. Passes are not required on a fast break unless the team running the fast break is up by 6 or more goals.
- Penalties:
 - All penalties will require a fast break.
 - If a penalty occurs during a fast break, it will be awarded unless a goal is scored on the initial play of the fast break. If there is a missed shot or the team pulls the ball out, play will stop for another fast break penalty.
 - If a penalty occurs with possession of the ball, play continues until the ball hits the ground. Unless the team with the ball commits the penalty

- Format: 8 v 8 (2-3-2 plus goalie)
- No body checking.
- Boys and girls are eligible to participate.
- New kids can be added during the season but **must** play for the school they are currently attending. This goes for **all** players.
- Any fighting, flagrant or foul language towards anyone are grounds for an automatic ejection.
- If a coach/player/parent is ejected from a game for any reason, they will have to sit out or not attend the next two games as well.
- If a player throws a punch, they will be barred from the league for the rest of the season. **This will be determined by the official and their determination is final!**

1812 Lacrosse League (5/6-Mod Level)

- Games are two 22-minute running time halves, 3 minute halftime. 5 minute break between games.
- Officiating will be by certified officials when available.
- Long crosses are allowed by **no more** than 4 players.
- There is no minimum pass rule.
- Each team is responsible for providing a representative for keeping the score and track of penalty time/score sheet.
- Officials will also keep score and game clock
- Penalties: Player committing the penalty will serve a 1-minute penalty and the team will play man down for the penalty.
- Penalties:
 - If a penalty occurs with possession of the ball, play continues until the ball hits the ground. Unless the team with the ball commits the penalty
 - Only two-handed stick checks will be permitted, all others are penalties.

- Format: 10 v 10 (3-3-3 plus goalie)
- No body checking.
- Boys and girls are eligible to participate (5/6 level)
- One timeout per game. The clock does not stop for a timeout.
 - Timeout cannot be used during the last two minutes of the game.
- New kids can be added during the season but **must** play for the school they are currently attending. This goes for **all** players.
- Any fighting, flagrant or foul language towards anyone are grounds for an automatic ejection.
- If a coach/player/parent is ejected from a game for any reason, they will have to sit out or not attend the next two games as well.
- If a player throws a punch, they will be barred from the league for the rest of the season. **This will be determined by the official and their determination is final!**